

HOT AND COLD STARTERS

ADD GORGONZOLA TOASTED FRENCH BREAD 3.49

WILD & CREAMY MUSHROOM SOUP with a hint of sherry. 6.49

CAESAR SALAD with garlic croutons & grana padano parmesan. (starter size)* 4.99

SIMPLE GREEN SALAD organic greens, sundried cranberries, toasted almonds, feta & honey balsamic vinaigrette. (starter size)* 4.99

BLT WEDGE SALAD quarter head of crisp iceberg lettuce, creamy blue cheese dressing, diced tomatoes, crispy bacon & crumbled blue cheese.* 6.99

GRAZING APPETIZERS

AHI TUNA TACOS seared rare with sesame ginger coleslaw & wasabi-lime aioli.* 8.99

CALIFORNIA SUSHI TACOS a california roll in a crispy wonton shell.* 9.99

SWEET CHILI CHICKEN in light tempura with chinese chili sauce & cool cucumbers. 9.99

CHEESEBURGER SLIDERS three mini burgers with secret sauce & melted american cheese.* 4.49

EARTH & SURF CALAMARI with tempura vegetables & roasted red pepper aioli. 10.49

GINGER BEEF sweet & spicy wok-fired sirloin, fragrant ginger on crisp noodles. 9.99

CHINATOWN LETTUCE WRAPS the chinese invented'em, we perfected'em, you wrap'em! garnished with toasted peanuts & fresh cilantro. 9.99

CHINATOWN CHICKEN OR SHRIMP WRAPS 12.99

PAN FRIED GYOZA japanese pork dumplings with hot mustard & sesame soy dipping sauce. 8.99

HIBACHI STYLE WINGS lightly smoked then spice rubbed served with parmesan dip.* 10.99

EDAMAME simply steamed & tossed with kosher sea salt. 5.99

BLUE CHEESE FRIES our signature fries with crumbled blue cheese & creamy blue cheese sauce. 5.99

SANDWICHES AND SUCH

BETTER BEEF DIP thinly shaved served with grilled onions & grainy mustard on an italian bun with atomic horseradish served with skinny fries. 11.99

AHI TUNA CLUB grilled rare tuna loin with smoked bacon, red pepper relish, watercress & panko onion rings served with skinny fries.* 13.99

BAJA FISH TACOS crispy fish & shrimp in corn tortillas with guacamole, cilantro & mexican hot sauce.* 10.99

GRILLED CHICKEN SANDWICH grilled chicken breast, bacon, aged cheddar, tomato, onion & roasted garlic aioli served with skinny fries.* 11.99

PESTO CHICKEN QUESADILLA pulled chicken with marinated red peppers, basil pesto & goat cheese served with skinny fries.* 11.49

GRILLED CHICKEN CAESAR with garlic croutons & grana padano parmesan cheese.* 12.99

THE BEACH SALAD organic greens, fresh strawberries, avocado, candied pecans, goats cheese & lemon poppyseed dressing with grilled chicken breast.* 13.99

SOUP & SALAD our mushroom soup & simple green or caesar salad with grilled gorgonzola bread.* 10.99

GRILLED CHICKEN SOUVLAKI with our tzatziki, bruschetta & hummus wrapped in a grilled pita served with skinny fries.* 11.99

HI-RISE BURGER a classic! ground chuck cab® burger with all the groceries & a dill pickle served with skinny fries.* 10.99

HI-RISE MUSHROOM CHEDDAR BURGER loaded with sautéed button mushrooms & tillamook cheddar served with skinny fries.* 12.49

HI-RISE BACON CHEDDAR BURGER with smoky bacon & tillamook cheddar served with skinny fries.* 12.49

We only use non-hydrogenated, zero trans-fat oil for our signature fries!

LUNCH PLATES

ROTISSERIE CHICKEN spiced rubbed 1/2 chicken, skinny fries & dill coleslaw.* 14.99

LUNCH GRILL 8 oz cab® top sirloin with parsley butter, watercress salad and fries.* 17.99

LUNCH SALMON fresh bc west coast salmon grilled medium-moist with almond cranberry brown butter served with aromatic rice & tzatziki.* 17.99

WOK'N SAUTÉ

PANANG PRAWN CURRY BOWL stir-fried with vegetables in a red coconut curry cream with thai basil & peanuts. 16.49

BOMBAY BUTTER CHICKEN served with toasted almond basmati rice, grilled naan bread & lentil pompadom. 15.99

SEAFOOD SICILIAN PESTO LINGUINE the pesto you've never had! a spicy exotic sun-dried tomato blend, zucchini & italian parsley with sautéed shrimp & bay scallops. 15.99

SICILIAN PESTO LINGUINE without seafood. 12.99

LOBSTER RAVIOLI stuffed with atlantic lobster, crab, shrimp & ricotta cheese in a lemon dill cream sauce. 16.99

PASTA ALFREDO LINGUINE with fresh garlic & grana padano parmesan. 11.99

CREAMY CHICKEN ALFREDO sautéed chicken with our signature alfredo pasta. 14.99

* Our salad dressings may contain raw eggs. Our steaks and burgers are prepared to order. Consuming raw or undercooked meats and eggs may increase your risk of foodborne illness.

FROM THE SEA

BLACKENED SPICED BASA pan fried & served with tomato pickled ginger salsa, cumin scented rice & seasonal vegetables.* 18.99

CRANBERRY ALMOND SALMON fresh bc west coast salmon grilled medium-moist with almond cranberry brown butter served with crispy mashed potatoes & seasonal vegetables.* 20.99

WEST COAST HALIBUT fresh filet, charbroiled medium-moist, served with aromatic rice, curry yogurt honey sauce & seasonal vegetables.* 25.99

CHICKEN AND RIBS

ROTISSERIE CHICKEN the most succulent chicken you've ever tasted served with mashed potatoes, vegetables & sundried tomato gravy. 17.99

BABY BACK BARBEQUED RIBS slowly braised in spicy honey barbeque sauce, with fries & buttermilk dill coleslaw. half 17.99 full 21.99

ROTISSERIE CHICKEN & RIB COMBO 1/4 chicken & a half-rack of ribs with mashed potatoes & vegetables. 22.99

STEAK HOUSE

grilled using our signature steak spice, comes with our fully loaded crispy mashed potatoes & seasonal vegetables.

CAB® TOP SIRLOIN considered to be the most flavourful steak* 8 oz 19.99

STEAK & GRILLED PRAWNS butterflied prawns & 8 oz cab® top sirloin.* 25.99

STEAK & LOBSTER 7 ounces of Atlantic lobster tail with drawn butter & 8 oz cab® top sirloin.* 35.99

FILET MIGNON the ultimate in tenderness. 7 oz centre cut filet mignon.* 28.99

NEW YORK 12 oz striploin. the king of new york.* 28.99

PEPPERCORN NEW YORK with pan reduction of shallots, peppercorn, brandy & cream.* 30.99

ALL OF OUR STEAKS CAN SURF Add a grilled prawn skewer 5.99 Add 7 ounces of Atlantic lobster tail with drawn butter. 15.99

DESSERTS

MOLTEN LAVA CHOCOLATE SOUFFLÉ rich dark chocolate cake outside, soft molten lava centre & ice cream.* 7.99

INDIVIDUALLY BAKED APPLE PIE brown sugared apples, toasted almonds, hand-folded puff pastry, caramel sauce & maple ice cream.* 7.99

MILE HIGH LEMON MERINGUE PIE topped with candied lemon & served with raspberry sauce.* 7.99

CHOCOLATE & BANANA BREAD PUDDING served warm with a whiskey butter sauce & vanilla bean ice cream. * 7.99

+ACCESSORIES

+ sautéed garlic butter mushrooms 3.99

+ 7 ounces of Atlantic lobster tail with drawn butter. 15.99

+ fully loaded crispy mashed potatoes 3.99

+ grilled prawn skewer 5.99

+ blt wedge salad 6.99

+ seasonal vegetables 3.99

+ peppercorn sauce 1.99

+ gorgonzola toasted french bread 3.49

JOEYS

☑ We have selected a variety of dishes that can be made by using a high quality soy-based protein. For vegan and vegetarian options please consult your server.